

The Fall

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Rachael McEnaney (USA) - November 2025

Music: The Fall - Cody Johnson : (iTunes, Spotify)



Count In: Dance begins 32 counts from start of track, dance starts on vocals

Notes: 2 Tags, 1 Restart.

Special thanks to Ann-Jeanett Ramsvatn from Denmark for suggesting the music :-)

[1 - 8] R MAMBO WITH SWEEP, L BACK WITH SWEEP, R BEHIND-SIDE-CROSS, 3/4 UNWIND, L FWD, 1/2 TURN, 3/8 TURN

- 1 & 2 Rock R forward [1] Recover weight L [&] Step R back as you sweep L [2] 12:00
3 4 & 5 Step L back as you sweep R [3] Cross R behind L [4] Step L to left [&] Cross R over L [5]
 12:00
6 7 Unwind 3/4 turn left transfer weight to L [6] Step R forward [7] 3:00
8 & Make 1/2 turn right stepping L back [8] Make 3/8 turn right stepping R forward [&] 1:30

[9 - 16] L FWD ROCK, L SIDE ROCK, L BACK ROCK, 3/4 TURN RIGHT, L TOUCH, 5/8 TURN LEFT RUNNING L-R-L WITH SWEEP

- 1 & 2 & Rock L forward [1] Recover weight R [&] Rock L to left [2] Recover weight R [&] Rock L back
 [3] 1:30
4 & 5 Recover weight R [4] Make 1/2 turn right stepping L back [&] Make 1/4 turn right stepping R
 to right [5] 10:30
6 Touch L next to R [6] styling: over-rotate upper body to right (looking right) as you do this.
 10:30
7 & 8 Make 1/4 turn left stepping L forward [7] Make 1/8 turn left stepping R forward [&] Make 1/4
 turn left stepping L forward as you sweep R [8] 3:00

RESTART 5th wall begins facing 12:00 - add an extra 1/4 turn left during the '3 runs' to face front and RESTART 12:00

[17 - 24] "DIAMOND" INTO L LOCK STEP WITH R HITCH, R CROSS, L BACK, R SIDE, L CROSS

- 1 & 2 Cross R over L [1] Step L to left [&] Make 1/8 turn right stepping R back [2] 4:30
3 & Step L back [3] Make 1/8 turn right stepping R to right [&] 6:00
4 & 5 Make 1/8 turn right stepping L forward [4] Lock R behind L [&] Step L forward as you hitch R
 knee [5] 7:30
6 7 & 8 Cross R over L [6] Step L back [7] Make 1/8 turn right stepping R to right [&] Cross L over R
 [8] 9:00

[25 - 32] NIGHTCLUB BASICS R & L, R SIDE LUNGE, 1/4 TURN L, 1/2 TURN, 1/2 TURN

- 1 2 & Step R to right [1] Step L next to (slightly behind R) [2] Cross R over L [&] 9:00
3 4 & Step L to left [3] Step R next to (slightly behind L) [4] Cross L over R [&] 9:00
5 6 Rock R to right as you bend R knee [5] Recover weight L as you make 1/4 turn left [6] 6:00
7 8 Make 1/2 turn left stepping R back [7] Make 1/2 turn left stepping L forward [8] 6:00

TAG :1 AT THE END OF THE 1ST WALL FACING 6:00 ADD THE FOLLOWING 2 COUNTS - "WALK R-L"

- 1 2 Step R forward [1] Step L forward [2] 6:00

TAG 2: AT THE END OF THE 2ND WALL FACING 12:00 ADD THE FOLLOWING 8 COUNTS - "R MAMBO, WALK BACK L-R, L COASTER, WALK R-L"

- 1&234 Rock R forward [1] Recover weight L [&] Step R back [2] Step L back [3] Step R back [4]
 12:00
5&678 Step L back [5] Step R next to L [&] Step L forward [6] Step R forward [7] Step L forward [8]
 12:00

